**Sample Fundraising Letter or Email**

Dear **(personal salutation or general, such as “Friends”)**

**(Share your personal story and connection to FTD)**

On **(date)**, I will be **(state activity and event)** as a Food for Thought event. My goal is to raise **($)** in support of AFTD.

**The Association for Frontotemporal Degeneration (AFTD)** is a nonprofit organization founded in 2002 to advocate for more funding into the causes and treatments of frontotemporal degeneration (FTD), as well as provide caregivers and patients with a dependable source of accurate, reliable information and support.

Please join me in my efforts to raise money and awareness to support the mission of AFTD so that we can move forward in our quest to find a cure for this devastating disease. You can visit my personal fundraising page at **(insert your fundraising URL)**.

Thank you for your support!

Sincerely,

**(Signature)**

**Learn more about AFTD by visiting their website:** [**www.theaftd.org**](http://www.theaftd.org)