Become an AFTD volunteer to improve care & support and drive research to a future free of FTD. Scan the code OR contact a Volunteer Engagement Coordinator at volunteer@theaftd.org.

**Community Awareness**

Social Media Awareness | ~1 hour a week
Raise awareness through social media by following AFTD channels and reposting or sharing your FTD story

Provider Outreach | ~1.5 hour training + 1 hour a month
Share AFTD curated packets with healthcare professionals and care providers in your local community

Information Table | ~2 hours set up + time of event
Raise awareness by representing AFTD at conferences and other community events

Meet & Greets | ~6 hours to set up and run
Plan and facilitate an informal gathering (in person or virtual) to connect people affected by FTD with each other and AFTD

**Policy Advocacy**

Encouraging elected officials to help people and families living with FTD in future policy and legislation

**Support Groups**

Support Group Facilitator | ~5 hours per month, 2-year commitment required
Organize and facilitate a peer-based, caregiver support group (professional experience not required and facilitator training provided)

**Research**

Insights to FTD Researchers | On an as-needed basis
Use your own FTD experience to help scientists better conduct research (e.g. sitting on focus groups or advisory board, providing feedback on research materials)

**Ambassador Program**

AFTD Ambassador | ~4 hours a month and annual in-person Summit
Represent AFTD in your state through networking, outreach, speaking engagements and attending events on AFTD’s behalf
Spread awareness, have fun, and advance AFTD’s mission by hosting a fundraiser today! Scan the QR code OR contact AFTD’s Events Department to learn more about these opportunities at: fundraising@theaftd.org

With Love (February)
Honor or remember a loved one through this virtual campaign, based on the day dedicated to love, Valentine’s Day. Create a fundraising page through our online platform and share your story of love.

Race Season (Year-Round)
Join the AFTD-Team where we partner with established races across the country and form a team for local community members to participate on. Walk or run, there’s a race for everyone, from a 5K to a marathon!

Food for Thought (September/October)
Host an in-person, virtual or hybrid event where the only required ingredients are food, fun, and FTD education.

Independent Events (Year-Round)
Do you have an idea for an event that isn’t covered by one of the three campaigns above? Whether it’s a golf tournament, product sale, local race, or something else, AFTD’s Events Department is here to provide one-on-one support for your event to be a success.

“I was blown away at how much guidance, ideas, and encouragement that I got, it was the best part about pitching my ideas.”

Liz Zadnik, AFTD volunteer