



# Persons at Genetic Risk Support Group

**First Wednesday of the month from 5-6 PM EST via Zoom**

People who have undergone testing and have a confirmed genetic risk may face unique emotional challenges. Our peer support group offers community, connection, and a safe place, where members can share their experiences living with and managing their feelings around their genetic risk.

Group members will meet others with similar experiences, share ways to effectively cope with anxiety when it becomes overwhelming, and gain deeper insight into their own emotional responses.

**If interested, contact the AFTD HelpLine at  
1.866.507.7222 or [info@theaftd.org](mailto:info@theaftd.org).**

