

AFIDnews

AFTD Publishes Landmark Report to Bring Federal Attention to FTD

In October, AFTD published Frontotemporal Degeneration:

A Voice of the Patient Report, which summarizes and analyzes data and perspectives from more than 1,750 people living with FTD, care partners, caregivers, and other family members.

The report comprises information shared by participants in the AFTD-hosted Externally Led Patient-Focused Drug Development (EL-PFDD) meeting, held in March 2021. It also includes data from the pre-meeting FTD Insights Survey, conducted by AFTD and the FTD Disorders Registry.

The 75-page document provides the U.S. Food and Drug Administration (FDA)

quantitative and qualitative data outlining the lived



experiences of persons who are directly affected by

FTD. It is designed to help FDA regulators understand the experiences and priorities of people living with FTD disorders and what they and their care partners/ caregivers most want to see in treatment options. The FDA uses Voice of the Patient reports as a source of information when making decisions about new treatments and therapies.

The report is available for download from AFTD's website. It offers key insights on the broad range of FTD symptoms, which symptoms appeared first and which were the most challenging, impacts on quality of life, experiences with treatments, and hopes for future treatments.

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New AFTD Resource Offers Guidance on FTD Genetics

Visitors to AFTD's website can now find a comprehensive new section on FTD genetics. This resource offers guidance on everything from the most common genetic variants associated with FTD, to

guidance on genetic counseling, no-cost testing options, and understanding results (theaftd. org/ftd-genetics).

The new section of AFTD's website contains crucial information about genetic variants that it can be beneficial lead to some cases of FTD plus information on in genetic counseling and testing.

Multiple studies since 2009 have identified 40 percent or more cases of FTD as familial. The "FTD Genetics and You: Learning More" page provides an overview of the three genes - C9orf72, GRN (progranulin), and MAPT (tau) — that account for a majority of inherited FTD cases.

The FTD Genetics section also includes

a page on genetic counseling and how understanding links genetic FTD, and whether

to pursue genetic testing. The "Genetic Counseling" page summarizes the value of a genetic counselor, the goal of a genetic consultation, and what a genetic counselor's risk assessment report entails.

(Continued on page 4)

Spotlight on...Dr. Joseph C. Marquez, AFTD Board of Directors

Joseph C. Marquez, M.D., joined AFTD's Board of Directors earlier this year. The

founder and head of the department of urology at a large multispecialty practice in Seattle, Dr. Marquez brings clinical expertise and personal experience about how FTD affects the body.

"As a urologist, encounter patients with FTD through problems

they have with incontinence," Dr. Marquez said. "One of the biggest challenges that [FTD] caregivers have is managing incontinence, and I saw that on a personal level with my own aunt."

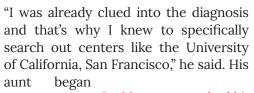
Dr. Marquez watched his beloved aunt, who he said was like "a parent in many regards," begin to change due to the unyielding symptoms of her behavioral variant FTD. She was 59 when she got her diagnosis.

"[My aunt] was a very lively, social

person who traveled the world, had many interests, and made many friends,"

> he recalled. "I was struck by how - as the disease progressed and her ability to communicate declined - those social connections started to fall apart."

Dr. Marquez was familiar with FTD prior to his aunt's diagnosis, and immediately sought out specialists who could provide more answers.



participating Dr. Marquez watched his beloved aunt - once a "very While observational trials at UCSF.

Dr. Joseph C. Marquez

Following his aunt's death in 2017, Dr. Marquez, along with his mother, uncle, and cousin, began participating in observational trials at UCSF to continue to advance genetic FTD research.

"The privacy concerns around genetic disease of all sorts, but especially dementia, as well as the stigma and the potential for genetic discrimination -[these] are all topics that I think about deeply," Dr. Marquez said.

Dr. Marquez intends to apply his knowledge of the clinical aspects of FTD to the Board, along with his general understanding of molecular biology and genetics.

"I hope to be able bring this information to the Board and be an influence around the boots-on-the-ground clinical things people are dealing with in FTD," he said.

in clinical and lively, social person" - begin to change following her the **AFTD** diagnosis of behavioral variant FTD. Board, he also hopes

to be an "influence to clinicians of all specialties in raising awareness about FTD and the varying presentations of it."

AFTD News Briefs

AFTD Expands HelpLine and FTD Content Accessibility

new AFTD resources provide information and support to people whose first language is not English. "¿Qué es la Degeneración Frontotemporal (DFT)?" is a downloadable Spanish-language resource that provides a broad overview of FTD, and explains in more detail the symptoms of each FTD disorder. Download this booklet in PDF format at theaftd.org/what-is-ftd/diseaseoverview. Additionally, AFTD's telephone-based HelpLine (866-507-7200) now offers translation services in over 200 languages, including Spanish, Mandarin, and Hindi.

Diagnostics Accelerator Grant and FTD Insights Fellowship Awarded

AFTD is funding two projects that will further our understanding of FTD. Megan Barker, PhD, of Columbia University Medical Center, was awarded an FTD Insights Fellowship. Dr. Barker will analyze data collected through the FTD Insights Survey - conducted in 2020 by AFTD and the FTD Disorders Registry – to learn from those with lived experience of FTD. Meanwhile, a team of researchers at the Foundation for the National Institutes of Health, led by Wesley Horton, MS, received funding through the Alzheimer's Drug Discovery Foundation's Diagnostics Accelerator initiative, supported by AFTD and other partners. Mr. Horton and the project team will evaluate and compare methods used to measure blood levels of neurofilament proteins, a potential biomarker for identifying individuals with MAPT, GRN, or C9orf72 mutations, which are likely to progress to symptomatic FTD.

for the Next Family



Melissa Fisher (center) with her children, mother, and father in 2016.

"This disease can be so insidious. Telling your story over and over, only to have no one believe you – you feel pushed away, ignored, and isolated." – Melissa Fisher, FTD care partner

Following several years of misdiagnoses, Melissa Fisher's father, Mark Moriarty, was diagnosed with behavioral variant FTD in 2018. "People see a physically healthy person, so they don't believe us as caregivers that he has an illness. It makes it incredibly difficult for people living with FTD to access proper care," she said.

While helping her mother navigate Mark's diagnosis, Melissa lost track of how many times she described her father's symptoms and behaviors while trying to get her family the answers and assistance they needed. "I've spoken with police officers, psychiatrists, social workers, insurance agents, nurses, neurologists, and so many others! I had to convince each one of them that something was wrong or explain to them what this disease is."

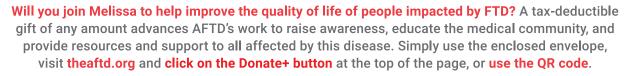
This experience, which she says has caused an enormous amount of stress and anguish for her

family, opened her eyes to a pervasive lack of understanding about FTD.

Through her family's journey, Melissa realized that others confront similar challenges, and she is determined to find a way to help improve the experience for all people facing the disease.

Today, she serves as an AFTD Ambassador. An AFTD grassroots events fundraiser, she recently ran the New York City Marathon in support of AFTD. She strongly believes that educating healthcare professionals and service providers will lead to necessary changes to provide better support and resources for FTD caregivers, care partners, and their loved ones.

Melissa is all in to #endFTD. "This is a disease of the collective. It touches all of us. I will do anything to help the next family not have to go through the nightmare we did."





For those considering genetic testing, the "About Genetic

Testing" page provides in-depth insight into how testing

works and what happens during the process.

The report specifies which FTD-related

and how they are affecting quality of life.

FTD Genetics Section (Continued from page 1)

The "About Genetic Testing" page provides in-depth insight into how genetic testing works and what happens during the process. While

genetic testing can provide valuable information, and offer a better understanding of an individual's risk of developing symptoms in the future, it does come with associated risks,

such as feelings of anger, depression, increased anxiety, or guilt about the test results, as well as potential insurance repercussions.

The genetic testing process can be financially burdensome to many. The "No-Cost Genetic Testing"

> section can help individuals considering testing to learn more about their options, such sponsored testing

programs, and includes a guide to finding available nocost testing.

"Voice of the Patient" Report (Continued from page 1)

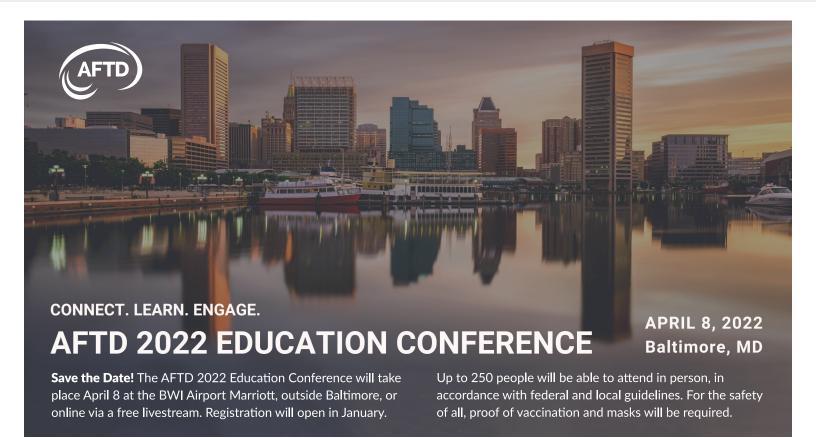
Helen, who participated in the EL-PFDD meeting, described the pain of watching her husband Geoff's language decline because of his primary progressive aphasia: "I have watched the steady deterioration in his language. The ability to find words, his

reducing vocabulary, slower listening processing time, the ever-reducing appetite for emailing, telephoning, reading, and speaking. His vocabulary is now just a handful of words."

Jill from New York relayed the story of her late husband Deven, who was posthumously diagnosed with behavioral variant FTD: "Strangers from other countries asked Deven for money, and he said yes again and again. Deven disregarded increasingly strident warnings from me and from other family and friends. He made and repeatedly broke promises to stop hemorrhaging what became thousands of dollars to his online friends."

The report also outlines the steps families are willing to symptoms respondents find most troublesome take to participate in FTD initiatives research and

clinical trials. Jessica from the U.K., who shares a C9orf72 mutation with her FTD-diagnosed mother, said that "I'm doing everything I can in my power to help fight this. I want researchers to know that I am available" to participate in research.



"Global Conversation" Highlights World FTD Awareness Week 2021



Your story matters!
Visit https://worldftdunited.net

Design by Raffaele Visconti 2021



AFTD collaborated with the international coalition World FTD United to produce a Global Conversation on FTD, a four-hour long video of vital information and perspectives from around the world that premiered during World

FTD Awareness Week 2021 (Sept. 26 – Oct. 3).

People and families affected, health professionals, and researchers submitted short videos and stories, capturing the lived experience of FTD, offering care and support strategies, and sharing reasons for hope.

Visit worldFTDunited.net to watch the Global Conversation.

Also during World FTD Awareness Week, AFTD partnered with New York State Senator Michelle Hinchey for a virtual information session on FTD. The session followed the recently adopted resolution, sponsored by Sen. Hinchey, designating Sept. 26 through

Oct. 3 as FTD Awareness Week in New York.

"For the first time ever, the state of New York has recognized FTD Awareness Week through a resolution that we put forward because we believe that it's incredibly important for more people to understand this disease," Sen. Hinchey said.

AFTD continued to promote FTD awareness with ads placed in the New York Times. Throughout World FTD Awareness Week, the Times featured digital and print ads, created with input from AFTD volunteer Jody Zorn and designed to bring FTD awareness to millions. Print ads appeared in the

Sept. 26 and Oct.
3 Sunday print editions, and visitors to the Times website

via a mobile device saw a powerful set of digital ads on Sept. 29.

AFTD's flagship grassroots fundraising and awareness campaign, Food for Thought, ran from Sept. 26 to Oct. 10. The campaign returned for its ninth year, raising critical funds in support of families affected by FTD.

Meanwhile, the #FTDhotshotchallenge, a community-driven grassroots campaign, made its return for the second year -- this time in official partnership with Food for Thought. The challenge, created by AFTD volunteers in 2020, rallied AFTD supporters and FTD advocates to raise awareness and funds for AFTD's research initiatives.

Participants w e r e encouraged to film themselves taking a shot of

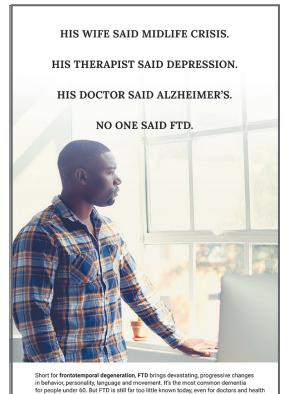
hot sauce, tag five friends to join, and donate to support AFTD's mission.

People and families affected, health care

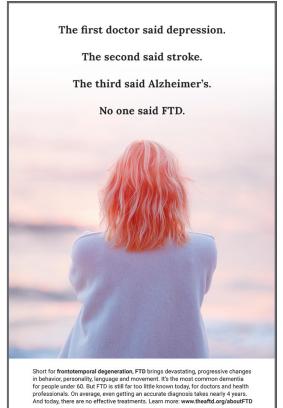
professionals, and researchers submitted short

videos and stories for the Global Conversation,

capturing the lived experience of FTD.



professionals. On average, getting an accurate diagnosis takes nearly 4 years. And today there are no effective treatments. Learn more: www.theaftd.org/FTDinfo



Those We Honor... Those We Remember

Gifts received from July 1, 2021 - October 15, 2021

In Memory of James S. Abbott Rebecca Ann Adams Laura Ahlbeck Lawrence Albert William F. Alexander Robin K. Allen William M. Allen Daria Amoroso-McCue Garv Anderson Joanne Andrews Michael J. Angello Nancy Marjorie April Rick Arnold Claudia Atkins **Beverly Aures** Sharon Autry Craig Michael Bancroft Norman Barstow **Emily Bartosiak** Jerry M. Baston **Brad Bederman** Elisabeth Beeman Timothy E. Benim Fouad Bensouda Marilyn Bernhard Michael E. Bibeault Nina Bingham Sandra Bishop Kenneth Blanc John D. Blossom, III Sherrill Bock Christine Bohannon **Gregory Booen** Neal Borenstein Michael T. Brand Kathy Brooks William Brunk Frank L. Buczek Mikel J. Cannon Lan Pham Cao Peter G. Carey John Caruso Charles Castleforte Willis H. Caterson Richard Christian Chapman Linda Arlene Clark **Donald Clement** Lawrence T. Cline Charles Cole Kevin Coleman Gail Colfelt Craig Comstock

M. Russell Cooney

Connie Lee Cooper

Jeff Corcoran Rodney Corcoran Mike Costilla Edward J. Crane JoDee Hannon Dailey Connie L. Dake Connie Daniels Denny A. Dantimo Steve Dawson James Day JaneAnn Dennis George H. Dentler Zadie Dills Scott A. Dirk Todd Michael Dolan John J. Donovan Keith Drake Pam Duncan Gwenn W. Dunn Esther S. Eckenroth William Roberts Eissler Denise Elson Linn Emerick Richard Engborg Charles V. Engel James Douglas Estep Fred H. Evans Jerry Falcon Suzanne Carroll Fariello George L. Farrington Bill Fehon John Feldman Michael E. Fenoglio **Emily Fifield** Gisela Firore Marc Fitzgerald Theresa Flanagan Perenna P. Fleming Barbara Brock Foley Susan Terry Foley Marsha Francisco Charles E. Franklin Barbara Freeland Evelyn Friedman Peter Gacek Robert John Ganim Chris Gardner Kevin Garner John J. Garvey Richard Gautreaux Edith Georskey Anne B. Geremia

Sue Gezgin

Rebecca Lynn Gill

Anita R. Gilmore Susan Ginella Malcolm Goldsmith Harold Autry Goodwin David Gragg Shawn Graves Jeff Grems Robert Grems Gary Parks Griffith Judie Guttadauro Mary Hall Douglas L. Hamilton Richard Hanechak Judith A. Hanlon James E. Hanna Darrel Hansen Theresa Hansen Therese M. Harlett Nancy L. Harshe Donna Hastings Darrell D. Hatt John M. Headley H. Clay Heath Mark Heberling Jodi Schoeler Hecht Harold Hedaya Ruth Heminger Randy Hendrickson Mary Henry Robert L. Hermann Georgia Herpel Stanley Herriff Marvin Thomas Hester Kristina Spears Hilkhuijsen Janet Lee Holzworth Mary Honeyfield Deborah Horn Harriet Horwitz Gary Hosley Linda K. Hubbard James Huemoeller Pamela Jane Grant Hughes William J. Hurney Andrea Sachse Hurwitz Linda Hutchison Dorothy Brosch Ingram Claud E. Ivie Paul Jacobs William S. John Karen Stevens Jones Patsy Ann Jones

Alice Kallus

Jan Katz Richard Kelley **Brad Kent** Steve Kent Kenneth Kilduff Carole Kipp Peter Kohudic Mary Ann Kouneski John Kretekos Vera Kroll James E. Krouse Donna Kunesh **Donat Ladouceur** Tim LaFone Robert Lee Lambert Richard E. Lancaster Christopher Lane Mary Ann Lange Edna Lees Lois Lenahan Arnette Lester Cindy Lewis Ernest L'Heureux Paul L'Heureux **Daniel Lineback** Donald Long Kathleen Love John A. Luchsinger Eugene Wilson Luck Daniel Joseph Mackin Kathleen J. Maclaren Phyllis Malloy Robert Malpede Susan P. Marcus Thomas Ray Markowski Marshall Randolph Martin Ronald L. May Margaret Maynard Daria McCue Royce V. McDonald Ula McGee Evelyn McGuire Joseph John Meehan Joseph A. Mellodge Eric Anthony Meneskie Phillip Meredith Kevin Milbourn Dominic Milicia Pamela Fitzsimmons Miller William S. Miller Nick R. Monoskey

David W. Moore

Jane Moore Virgil V. Moore Constance Morales Pat Moran Carl Moretti Gale W. Moser Maureen Mroczka Joseph Muthana Lynne Suzanne Neft Susan Newhouse Marie Annette Nichols Mike Oakley Timothy L. O'Neal Diomi Orfanos Robert Orr Rhoda M. Oswald Martin Ottem Douglas Owens Tamara S. Pamer Jackie Pang Joyce Odell Parker Alan Pasquesi Lona R. Patane Madhuben Patel Camilla Perry Cheryl Perry Jacqueline Pevec William J. Pevec Cathy Pfeifer Kimberly Phares Bob Platt Maryann Podgorski James Carl Polk William Pordy Daniel J. Powell Helen Powell Stan Primak **David Proctor** Susan Cinella Pupovac Neil Radin Dorene Radomski William Rafferty Carol Rao Raymond Reaves Heath Edward Rhoads Harvey Ribbens Steven Lyle Rice Bruce Gerard Richards Elaine Richmond Steve Riedner Eddie Riggin

Marcia Robbe

Sharon Robbins

Russell Robertson

Donations in the name of a loved one bring help and support for families affected today – and hope for a future without FTD.

William Roy Robinson Carol Ann Rockett Sarah C. Rogers Richard Rohl Joseph A. Rokita William Ellis Rooker Michael Root Aaron Rosenstein Brian Rosequist Honey Rowan Tim Rowans Frederic Ruehe Tom Ruhlman Kevin Ryan Patricia H. Ryan David Michael Sacino Seymour "Stony" Sarokin Angelo William Savino Nancy Sawyer Mary Lou Porter Saxon Paula Schimizzi John Schloerb Mary Anna Schluckebier Dan Schmidt Veronica Schnapp Robert John Schramm Charles Alexander Scudder Craig A. Seay Thomas P. Seely Kelly Sepelak Tracey Sepesy Michael Setlow Norman Sheldon Ned James Shepherd William G. Shimkus Stephen W. Shippie Karen Goff Shulman Mary E. Coyle Siller Joanne M. Silva Arnold Silverman Patricia M. Simboli Susan Simon Semahat Sinharoy Gerry Sinnott Leo Skaine Josephine Sneckus Philip F. Solverson

Jason John Spinks

John Stackhouse

Betty Stanhope Robert S. Steel Susan Stevenson Daniel Stezenko Anne Lutz Stivers Michael T. Stone Michael Strohm Susan Stroka Gretchen F. Sundius Magalie Verna Surena Wendy Suzman Merlin L. Swackhamer Albert Sylanski Claude Thomas Larry Thomas Julie Thomson **Howard Thorn** Milo Tiefenthaler **Doris Marie Tiller** Dale Tyler John D. Ulrich Ken Ushio Richard Van Dyke Annmarie Vitale Norman E. Vojtech Daniel R. Waber **Beverly Waite** Richard Wallin Michael G. Wallis Mary Walter Mike Walter Phillip Walter Steve Walter Dwight H. Warrington Sr. Rosemary "Cookie" Weiten Joel Welshons Mary Williams Edwin P. Wilson Edward J. Winarski Robert Steven Winters Tom Wirt Madeline A. Wohl Deborah Woodcock Chris Edmondson Yurkanan

Stephen Zenger Julie Marie Dickmeyer Zerhusen Robert Zimmerman

In Honor of

John Agugliaro Gordon Alexander **Brad Anderson** Nanci Anderson Robert August Paul Axel-Lute Joseph Baldi Glynn E. Behmen Steven P. Bellwoar Trish Bellwoar Alan Berlin Joan Berlin Patty Billings Rov Bohr Elizabeth Bonaventura The Boulet Family Frank Bouschart Susan Hoene Boyle Suzanne Brooks Patricia Bryant Judy Burch Frank Callea Patty Canavan Maria Cervoni Su-Ling Chang Sally Cihos Marcella Clark **Brandon Cline** Serina Cline Helen-Ann Comstock Judy Comstock Thomas Cox John Crane Pat Crane J. Michael Davidson Mr. & Mrs. Andrew Dobroskey Shana Dodge Jenny Dore The Dubes

Bob Fisch Joe Fischel Uncle Bob Fischel Robert E. Fischel Ginny Fowler John J. Garvey, Jr. Thomas Giles Earl Gilmore Linda Gulnac Jack Hartke Daniel Hedaya Victoria Heller Janice Henry **Beverly Hernandez** Colleen Terry Hill Judith Holcomb Stephen Holt Kara Ike Ed Jackson Bruce A. Johnson Alice Kalis **Donald Kalscheur** Christopher Kelley Dennis Kent Brian Kirk Jon Knight Ron Koch Catherine M. Kuhmichel Kacy Kunesh Michelle Kyriacou Allison McCormack Lee Paul Lester The Very Rev. Tracey Lind Paula Lindberg Pamela M. Luchsinger Cindy Luckie Natividad Marquez Antonio Marquez Fides Marquez Travis Martin Nina Matusiak Anthony Mazzara Sheard McCulley Jake McGarvey Jody McGuire

Elizabeth McKee Jame McLeskey Todd McPencow Kathy Mele Nancy Messner Rashelle Morcom Mark Moriarty **Dorothy Munhall** Julia Winston Bethurum Murphy Ann Nave David Nelson Ronald Nelson Alexis DeMarco & Andrew Newhouse **Donald Newhouse** Terry Nielsen **Barry Nolte** Margaret Papas, MD Jennifer Parker Alyssa Part Rose-Marie Pelletier Paul Petras Nona Pipes **Bob Powers** Lisa Raines Ginger Reeder Janet Reilly Brian Rose Donna Rose Lauren K. Rowans Mary Rutchow Dr. Tracey Sepesy Paul Siedlecki Mark Smerdel Ellen Solomon Jeanette Stoothoff Denise Strohm Phillip Thomas Deanna Thorne James R. Tobin Dominic Toscani James Tully Barry Wank Judy Windhorst Wayne Womack Ken Young Christopher Yurkanan Ira J. Zohn

Honor a Loved One or Remember Their Legacy

Families wishing to direct memorial donations to AFTD are encouraged to call our office at (267) 514-7221. AFTD can mail you donation materials, or you can download them from our website. All donors will receive letters of acknowledgment, and families will also receive a list of donors. To contribute online, visit www.theaftd.org and select "Donate+"

Margaret Dultz

Richard Fagin

Gifts made in honor or in memory of persons diagnosed, care partners, friends and family members advance AFTD's mission by bringing help and new resolve to those facing FTD today, and hope for a future without this disease.

The names listed below were mistakenly excluded from the Summer 2021 edition of AFTD News. Donations were made in honor of these community members from February 1 through June 30, 2021.

We are grateful for this vital donor support, honoring so many on an FTD journey, and deeply apologize for this error.

In Honor of

Lydia Adalian Michael J. Angello The Ardinger Family Raymond Asaro Emerson R. Avery Jr. Mary Barnes Arlene C. Beerman Laurie Beyer John Bickley Richard Bloch Dianna Bogert Alejandro and Marilu Bolivar Trudi Burns Kimberly Sullivan Chu Paul Cimino Anne Clark Brian Claycomb **Brandon Cline** Justin Cline Sarah Coffin Robert Dalton Robin Dawson James Day George H. Dentler

Angela Dotson

Christine Drow

Thomas Drow

Mrs. Duncan

Island Ed

Robert Edesa George L. Farrington Stephen Fenoglio Jay Feuer My Frankie Paula Frost Liz Furse William Gilbert Stephen J. Greenwalt Megan Vander Haar Heidi Hamms Elizabeth Hilliard David Huebner Melanie Ellen Hunt Emily B. Ingalls The Janowitz Family **Hunter Javeline** The Jerre Feinthel Family Anne Johnston Susan Johnston John Kammerer, Jr. John Kammerer, Sr. Jonathan R. Knight Toni Krashinski Peter Krev Matt Kridler Maria Krushinksi Teresa Lewis Nancy Lieberman

Geri Lim John Lindsey James MacDonald Chris Magiet Mireya Magiet Victor Magiet Cynthia Malis Fides Marquez William Matteson Carolyn May Linda McCarthy James McGarvey Erica McIlroy Rory McIlroy Fara McLaughlin Bill Meador Phillip Trevor Meredith Helen Milano Rashelle Morcom Bernardo Munguia Julia Winston Bethurum Murphy

Doug Pieri Susan Price **Bryce Pursley Gregory Rively** Laurie Robinette Carlos Saldanha Red Scarff Richard Scheuerman Russell Schubert Mark Schuerman Joe Sheets Leslie Siwakoski Oliver Smith James Snee Ellen Solomon Michael Strohm Clay Swindell Linda Tompkins Del Trautmann Marc Van Doren Mark Vlasic Gillian G. Waterman Kristina Wells Karen Wilhelm Ed Winarski The Windhorst Family Leah Portnoy Worenklein

Eileen Yaffe

Bob Pieri



#FTDhotshotchallenge

Ginny Myers

Richard Myers

Francine Nagin

William Wesley Parker

David Nelson

Kelly Patton

Allegra Pearce

Cathy Pfeifer

The #FTDhotshotchallenge, a community-driven grassroots initiative that combines hot sauce and social media, returned for its second year—and first as an official part of Food for Thought—and raised \$100,000 for AFTD's research initiatives!

On the challenge's launch date, September 27, The Mike Walter Catalyst Fund pledged a 1:1 matching gift for the first \$12,500 raised on the fundraising platform Classy — which was met within nine days and sparked an additional 1:1 matching gift from an Anonymous Hot Shot Hero for \$15,000. But the heat didn't stop there! The Mike Walter Catalyst Fund pledged an additional \$12,500 milestone donation once the campaign reached \$87,500, which it did with the help from a corporate matching gift.

AFTD would like to thank our generous sponsors, the 30 people who created fundraising pages, the 200+ donors, and all who handled the heat to spread FTD awareness. AFTD would also like to recognize the volunteers behind the #FTDhotshotchallenge for the past two years including: Amanda Dawson, Keri Allen, Caroline Dultz, Kacy Kunesh, Sheryl Whitman, Jennifer Lee, Nicole Petrie, and others!

Why Volunteer with AFTD?

Looking to get involved and help support AFTD's mission? Join dedicated volunteers from across the country, helping families affected by FTD find support, resources, and hope in their communities.

Volunteering with AFTD gives you the opportunity to:

- Connect with others affected by FTD by hosting an in-person or virtual Meet & Greet
- Support others on the FTD journey by facilitating a support group, whether in person or virtually
- Share your story, FTD information, and AFTD resources by staffing a table setting at a local health fair, conference, or other community event
- Raise critical funds and awareness in support of AFTD's mission
- Educate healthcare professionals

AFTD's Volunteer Network also hosts a series of virtual gatherings, providing the chance for volunteers to connect with each other, engage with AFTD staff, and learn new skills that not only support your volunteer efforts but your professional and personal work as well.

All of AFTD's activities can be done virtually or in person, depending on current and local guidelines and your own comfort level. Come join AFTD's volunteer network and make a difference today! Take a look at this list of AFTD's volunteer opportunities, or take the first step by visiting our website at theaftd.org/get-involved/volunteers-network.

AFTD Volunteer Opportunities		
Community Awareness	Table Settings	Raise awareness by representing AFTD at conferences and other community events
	Meet & Greets	Facilitate an informal gathering (in-person or virtual) to connect with others affected by FTD
	Media Coverage	Consider sharing your story with the media we will help connect you to an appropriate outlet
Support Groups	Face-to-Face Groups	AFTD will help you plan an in-person or virtual FTD caregiver support group (professional experience not required)
	National Groups	Facilitate a national FTD caregiver support group (professional experience not required)
Fundraising	Food for Thought	Use our template to easily plan and organize a food- based fundraising event (late September/early October)
	With Love	Follow our easy instructions to create a fundraising page and share your FTD story online (every February)
	Runs/Walks	Make your race more meaningful by organizing a team to represent AFTD at an established run/walk event
	Independent Events	Plan and host your own fundraiser
Coordinating Volunteers	Food for Thought Liaison	Support other AFTD volunteers who are hosting a food-related fundraising event (summer/fall)
Administration	Zoom Support	Provide technical support for staff and volunteers during virtual events
	Office Help	Assist staff at our King of Prussia, PA office



Food for Thought 2021

AFTD's 9th annual Food for Thought campaign comprised 42 events in 31 states (plus Canada) and raised \$100,000! Below are the events that raised \$1,500 or more:

It's Electric: Steve Bellwoar, a Pennsylvania-based AFTD Board Alumnus, hosted the eighth annual Colonial Electric Food for Thought event virtually this year, sharing a video message of himself and AFTD's CEO Susan L-J Dickinson, and asking his past attendees to consider continuing supporting AFTD's mission. As a thank you to supporters this year, Steve and his colleagues look forward to treating them to a meal individually, and hopefully seeing everyone altogether next year in person! The event raised \$60,168, bringing the grand total to \$629,540 raised over the past eight years, continuing its title as our flagship Food for Thought event.

Team McGarvey: Jim Capobianchi and the McGarvey family hosted an event in their Pennsylvania hometown, featuring delicious food and good music. The event included a silent auction of 20 donated gift-basket items and a 50/50 raffle. More than 150 people attended and helped to raise \$12,997.

Garage Sale: Fran Jensen and her family in Alabama asked their local community to donate items to be sold at a garage sale to benefit AFTD's mission. At the event, the Jensen family educated the community about FTD, shared how the disease affects their family, and explained AFTD's mission. Through sales and direct donations, supporters raised \$4,200.



Cooking with Kyle: Kyle Jackson in Illinois hosted his second annual virtual cooking class, called "Pappardelle Portobello Ragu Pasta Cooking Class & FTD Education." Thirty families tuned into the livestream to cook a tasty meal and learn about FTD together. Kyle kicked off the Zoom cooking class with a brief overview of FTD and how it has impacted their family.

Kyle raised \$3,256 through the event.

Having a Souper Time: Kyle Walchak hosted a soup contest in Pennsylvania between friends and family, and saw an impressive 52 people participate. Through an entry fee, participants raised \$3,136 to support AFTD's mission. Guests learned about FTD, and then voted on their favorite soups, with prizes awarded to tastiest creations.

Healthy Snacks & FTD Facts: Ryan Windhorst in Illinois posted his online fundraiser on Facebook with daily facts about FTD throughout the Food for Thought campaign. He also partnered with a local food prep business, Namken Nutrition, which donated a portion of all healthy protein bar sales to the fundraiser. In total, \$2,978 was raised to support AFTD's mission.

Remembering Gary: For their fourth annual fundraiser, the Anderson family of Minnesota went virtual, encouraging their friends and family to donate in honor of their loved one, Gary, who passed away in 2019 after living with FTD. Through the event, they raised \$3,232 in Gary's memory, and in support of AFTD's mission.

Pickles for Pick's Disease: Philadelphia's Fishtown Pickle Project joined the campaign for its second year by donating a portion of all pickle sales towards AFTD's mission. They additionally reached out to other local businesses and

They additionally reached out to other local businesses, and each created a different pickled creation and donated a portion of sales. Altogether, the fundraiser raised \$2,847.



Kara's Krew: Debra Ford, Dawn Kirby, and Kirsten and Jocelyn Jewell teamed up with a local restaurant, Joe's Pizza in Paris, Illinois, for their Food for Thought fundraiser. Customers ate their favorite food (pizza!)

and learned about FTD. In the restaurant, the family displayed a board with information about their loved one living with FTD, Kara, who is 32 years old. Together, the family raised \$1,650 for AFTD's mission.

IHO Ned: Utah-based AFTD Board Alumna Bonnie Shepherd has joined our Food for Thought campaign every year since its inception. This year she keep things simple and safe by created a fundraising page on Classy, which she generously kicked off with a personal donation. Having raised a total of \$1,515 this year, Bonnie looks forward to getting back to her in-person events in 2022.



Kathy LaFone and Sara LaFone hosted their fourth annual TIMFEST, an event honoring their beloved husband and father, Tim LaFone, who passed in 2015

and had been living with FTD. Friends and family gathered to put FTD "on its last leg" while listening to music and enjoying delicious snacks. Online and in-person donations raised \$1,550 for AFTD's mission.



Thank you to all the additional hosts who raised funds and awareness to support AFTD's mission:

Alector Inc. **Esther Harvey** Marian Grems Amanda Hall Jerry Horn Melanie Axel Lute & Kate Koisor Amy Pohl Melissa Dube Joanne Linerud **Amy Shives** Julie Edwards Nicole DeLeve Beth Andrews Karen Smith Patrick Guitterez **Brandee Waite** Lori Friedman **Terry Pontious** Deanna Lindberg Lynda Nagle Terry Walter **Denali Therapeutics**

The Caregiver Solutions Info Show The Pang Family The Remember Me Podcast **UVA** Department of Neurology Veronica Wolfe

Zoy Kocian

Wave Life Sciences

AFTD would like to thank the seven Food for Thought liaisons that helped make this national campaign a success!

Meghan Roscoe Cass Hanlon Jen Morabito Traci Saylor Elaine Rose Maureen Stroka Ron Jackson

D-TEAM

The Big 1-6: The sixteenth annual George F. Sidoris Memorial Golf Outing was held on July 18, 2021, at the Lost Nation Municipal Golf Course in Willoughby, Ohio, and raised \$34,091 for AFTD's mission. This event is AFTD's longest running grassroots fundraiser and has donated over \$277,650 in total! Congratulations to the Sidoris Family and thank you for your continued and notable support.

Tee-rific Time: The fifth annual Crusade for a Cure Golf Tournament, hosted by AFTD Ambassador Deb Scharper, was held on September 4 at the Sunny Brae Golf Course in Osage, Iowa, and raised \$8,000. Over the past four years, Deb's tournament has donated \$39,000 to AFTD's research initiatives.

Celebrating Carl: The sixth annual CWM Golf Outing was held on July 10 in Michigan and raised \$5,064. Hosted by the Morettis and Marcys, the day celebrates and remembers Carl Moretti, who passed away from FTD in 2015. Over the past six years, the event has raised a total of \$16,349 for AFTD and our mission.

50/50: AFTD Ambassador Deb Scharper hosted a table setting on behalf of AFTD where she also conducted a 50/50 raffle and collected \$2,100 in donations towards AFTD's mission. She additionally educated community members about FTD and how the disease affects families that experience the diagnosis.

A Par-Tee for Tami: Suzanne and Calvin King hosted the fifth annual "Tami Sue Golf Outing and After Party" on September 11 in memory of their daughter, Tami, who passed away from FTD in 2016. This year's event raised \$2,000, making their total contributions to AFTD since the inaugural event \$10,180.

Bill's Best 5K: Bill's Best Brewery in Glenside, Pennsylvania, held a 5K on October 9. Entry was \$30 a person and participants received a t-shirt and one pint of beer. Bill's Best covered 100% of the costs so that 100% of the funds raised went to AFTD. Through the event, they raised \$1,310 for AFTD's mission.

Running for a Cure: Papus Keita ran the Cleveland Marathon on October 24 in honor of his father-in-law, Ken Young, who is living with FTD, and for all who are living with an FTD diagnosis. Papus chose to fundraise for AFTD's mission and raised \$1,033 for his participation in the race.

Driving Hope

AFTD's 2021 Driving Hope Golf Tournament was held in person this year after last year's virtual outing. The Colorado National Golf Club in Erie, Colorado, hosted us on August 15, and the Seawane Club in Hewlett, New York, hosted us on October 18. All were excited to get back outside together, and it shows: The events combined to bring in more than \$100,000 for AFTD's mission!

AFTD would like to extend a sincere thank you to everyone who supported the events, especially our generous sponsors:

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AFTD would also like to take this opportunity for a special shoutout to the tournament's committee: Daniel Hedaya, Brian Rose, Michael Stowell, Kathy and Joe Mele, and Joan Berlin.



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