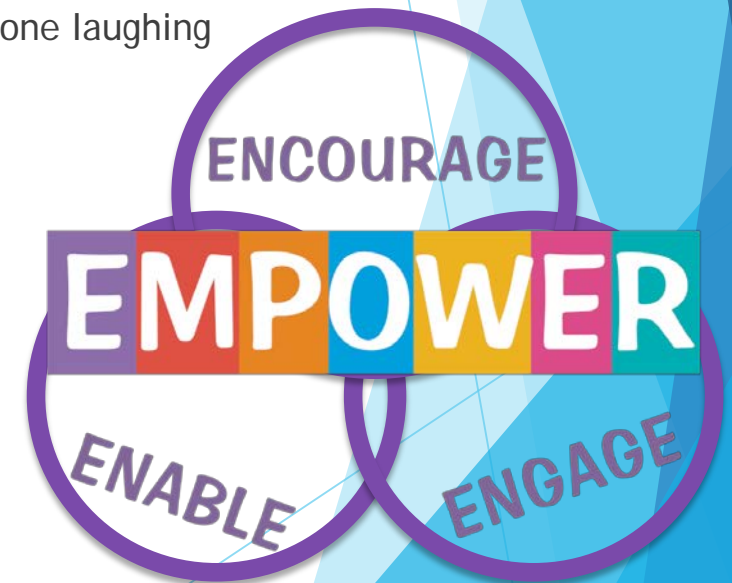
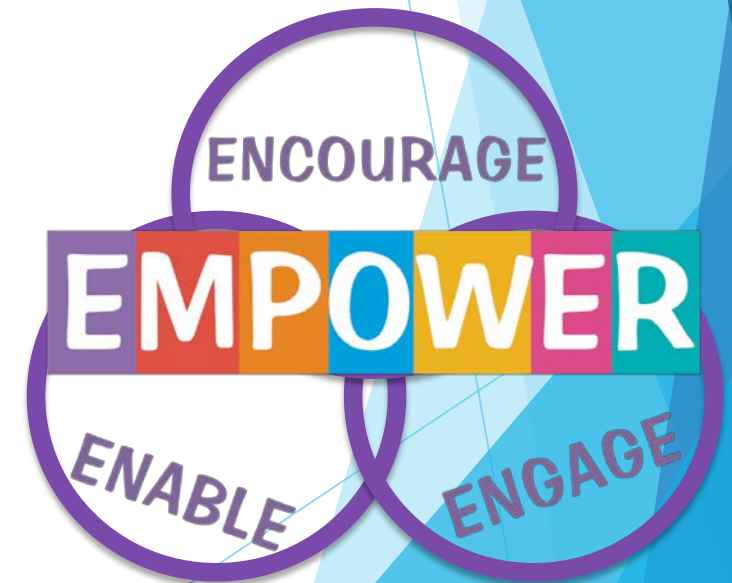


- ▶ Empower to unleash my maximum potential- even if that is only a smile
  - ▶ Engage
    - ▶ Observe what triggers confusions, disorientation or agitation and make adjustments to compensate.
    - ▶ Provide individual and social interaction
    - ▶ Look at me and talk to me not about me - speak to me as an adult not a child
    - ▶ Include laughter and fun into every day - even if you seem to be the only one laughing
    - ▶ Go to restaurants during off hours
    - ▶ Provide earplugs and sunglasses to reduce noise and over-stimulation



- ▶ Empower to unleash my maximum potential- even if that is only a smile
  - ▶ Enable Me - Don't Disable Me
    - ▶ ROUTINE IS ESSENTIAL
    - ▶ Provide assistance to help me do things - YES it takes longer to assist than to do it yourself
    - ▶ Find tools to assist (modified spoons, tags on sheets)
    - ▶ Build on the strengths of the moment
    - ▶ Communicate Visually AND Verbally - helps with processing
  - ▶ Encourage
    - ▶ Embrace and Encourage Abilities rather than focus on Inabilities
    - ▶ Stimulate productivity through a desire for approval and motivation
    - ▶ Takes lots of pictures and review them often - talk about them
    - ▶ Focus on one goal at a time and praise the results - no matter how small
  - ▶ Eliminate as much stress as possible



When you can't control  
what's happening,  
challenge yourself to  
control the way you  
respond to what's happening.