

# MANAGING BEHAVIORAL FTD



Marianne Sanders, R.N.  
Clinical Research Nurse Specialist  
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# Focus on Behavior Change

- Primary symptoms of bvFTD are:
  - Changes from usual behavior
  - Poor judgement
  - Mood changes
  - Unpredictable
  - Lack of awareness that there is a problem
  - Lack of empathy/concern for others

## Challenges:

- Affects younger people
- Relationship's change
- Safety is a concern
- Role and Responsibility changes
  - Family life
  - Employment
  - Finances
  - Medical appointments

## What to do?

- Acceptance
- Understanding Behavior
  - Uncharacteristic behaviors are part of disease, not intentional
- Don't try to do it alone
  - support from family and friends
- Set up a strong medical team

# You need support!

- Become familiar with AFTD resources
- Attend an FTD support group
- Consider supportive counseling
- Reach out to family and friends for help

# Advocate!

- **Don't be afraid to ask**
  - Questions don't answer themselves
  - If you are not clear about something, **ask again.**
- Better to be safe than sorry.
- If something does not seem right, get it checked out:
  - medication changes, side effects
  - new/ increase in troubling behaviors
  - major changes in usual functioning

# Questions

- Any question is a good question!
- Thank you for attending this session!





