

## They said I was too young for dementia. They were wrong.

While few expect it earlier in life, dementia can strike adults at any age.

The most common form for people under 60 isn't Alzheimer's, it's frontotemporal degeneration (FTD). FTD brings changes to personality, behavior, language and movement – striking at the heart of who we are and devastating families.

Find information, help and support here: www.theaftd.org/youngdementia

