

# AFIDnews

## **Department of Defense to Offer Funding** for FTD Research

It likely comes as no surprise that the U.S. Department of Defense (DoD) funds medical research on combat-related conditions affecting servicemen and women. Less well known, however, is that the DoD also supports research more broadly

through the Congressionally Directed Medical Research Program (CDMRP). Established in 1992, the CDMRP is allocated funds annually by members of the House or Senate in response from persons requests diagnosed, their families, and disease advocates.

Programs and projects falling under the CDMRP umbrella include the Peer-Reviewed Medical Research Program (PRMRP), so called because applications are evaluated by a peer review panel consisting of scientists with expertise in a specific topic area

as well as consumer advocates who represent the perspective of patients and caregivers.

Each year, the topic areas targeted for funding through the PRMRP are identified by Congress, and the money



allocated - \$330 million for 2018 - is divided among all of that year's topic areas. Thanks to supporters on the Hill, led by Senator Chuck Schumer, FTD was designated one of the 52 PRMRP topic areas for 2018.

AFTD worked directly with DoD program staff to identify priorities for FTD-related applications to the 2018 PRMRP awards, known as "areas of encouragement." These areas include research to develop laboratory and animal models, increase understanding

> of the neural basis for behavioral symptoms, identify FTD biomarkers, improve diagnosis, pinpoint risk factors for FTD, and develop symptomatic treatments.

In addition, AFTD was invited to recommend experts in FTD research and members of the AFTD community to serve as

scientific and consumer reviewers.

For more information about the PRMRP, including funding opportunities, visit the CDMRP website at cdmrp.army. mil/prmrp.

#### **INSIDE THIS ISSUE**

Spotlight/Sandra Grow2
News Briefs2
Summer Appeal3
Education Conference4
Thank You Sponsors5
Donations6-7
Grant Programs8
NAPA Research8
Helping Hands9
Get Involved9
Race Season10
The AFTD-Team 11

## **Facebook Group Brings Help and Support**

Upon learning of an FTD diagnosis, finding help and support from others who have faced the reality of the disease can be a challenge. One option that AFTD offers to facilitate these types of connections is our closed Facebook group, populated by thousands of care partners and persons diagnosed who want to learn

a n d share their firsthand knowledge of FTD.

For care partners, the group is useful as a source of practical, experiential suggestions about managing their loved ones' FTD symptoms - "real 'been there done that' advice," as Sharon Hall, a care partner for

her husband and an active member of the closed Facebook group, puts it.

The AFTD closed Facebook group is a source of valuable "been there done that advice," member Sharon Hall said.

Persons diagnosed use the group as well. Cindy

Odell, who was diagnosed with FTD in Every day, members post messages to the 2011, says that she is impressed by how group asking for advice, telling their stories, friendly and welcoming people in the or sharing helpful resources that they group are. She said she has belonged to have recently found. For many members, similar closed Facebook groups in the past, participation in the closed group is a daily but too often they contained "caregivers necessity, and a way to feel connected in saying horrible things about their loved the midst of a very isolating and confusing ones." The closed AFTD Facebook group disease.

(Continued on page 4)

## Spotlight on... Sandra Grow, AFTD Board of Directors

Since her husband Karl was diagnosed

with FTD, Sandra Grow has been driven by the need to better educate healthcare professionals about this disease, and to spread awareness of FTD throughout the general public. Over the last 10 years, she has brought this passion to AFTD's mission -- first as a volunteer and, as of April 2018, as an AFTD Board member.



Sandra Grow

She says that progress has been made in terms of awareness in recent years. "But I still think we need to educate healthcare professionals and increase public awareness that this is a disease."

More widespread awareness could improve quality of care, she said. "People aren't diagnosed early enough. With early diagnosis comes quicker care, better support, and more attention paid to safety issues"

that are often associated with FTD symptoms.

Sandra recalled Karl's journey to a diagnosis. "We noticed changes in his behavior early on," she said. These changes grew increasingly disruptive, Karl lost his job, and Sandra was left trying to figure out what was going on. "It's the same story everyone has," she said.

After neuroimaging and Recently retired cognitive testing produced a diagnosis is ready to development for the holy in the control of the holy in the control of the contro

of behavioral variant FTD, Sandra found help through AFTD. "AFTD has given me so much over"

"We need to educate healthcare professionals and increase public awareness that this is a disease."

the years in support, education and helping to make connections. Even though this is a really sad diagnosis, I have met some wonderful people through AFTD whom I would not have otherwise come into contact with."

Before joining the Board, Sandra was already an engaged AFTD volunteer, co-facilitating a support group in Ohio and joining the Partners in FTD Care advisory committee, where she works with fellow healthcare professionals to help produce AFTD's Partners in FTD Care newsletter. She has also attended five AFTD Education Conferences, which she described as the "biggest thing for me, in terms of help – meeting other people and understanding that they're out there."

Recently retired, Sandra says she is ready to devote her energy to

furthering AFTD's mission as a Board member. "I feel strongly about the success of AFTD, and

hope to give back to them for all they have helped and taught me - and 'pay it forward' to those that may still need help and guidance," she said.

### AFTD NEWS BRIEFS

## AFTD Co-Sponsoring Satellite Events at Society for Neuroscience Meeting

AFTD will be co-sponsoring two events in conjunction with the Society for Neuroscience's (SfN) annual meeting in San Diego in November. The 5th RNA Metabolism in Neurological Disease Conference, which will be held November 1-2, will review the latest research on the processes that regulate the activity, distribution, and life cycle of RNA, as well as breakdowns in these processes that have been implicated in FTD and other neurodegenerative diseases. On November 3, AFTD will collaborate with several other nonprofit organizations to host a networking reception for FTD researchers attending the SfN meeting, where they'll also have an opportunity to learn about grant programs offered by AFTD and our co-sponsors.

## AFTD Volunteers Honored During National Volunteer Week

During National Volunteer Week (April 15-21), AFTD acknowledged its volunteers

across the U.S. with an appreciation video highlighting their many contributions. AFTD relies on its passionate and dedicated volunteers to help spread awareness of FTD and build a supportive community of people affected by this disease. Watch the video at www.theaftd. org/aftd-appreciates-our-volunteers, and learn how to join our national volunteer network at www.theaftd.org/get-involved/volunteer-network.

## World FTD Awareness Week to Be Held in September

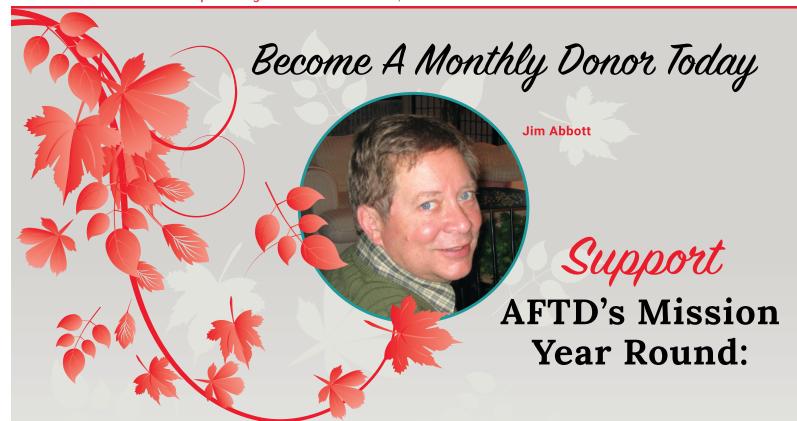
World FTD Awareness Week 2018 – a week of events, activism and international engagement – will begin this year on September 23. AFTD, along with its counterparts in the World FTD United coalition, are working to make this year's event the biggest ever, with countries from across the world joining our shared mission to spread awareness of this disease. Stay tuned to AFTD's website for more information as World FTD Awareness Week approaches.

#### **AFTD Values Your Input**

Your guidance can help us to make this newsletter a more valuable resource! Please send any comments, feedback or suggestions to AFTD's Communications Manager Matt Ozga at mozga@theaftd.org. Thank you!

## Next AFTD Educational Webinar Scheduled for Aug. 23

Dr. Nupur Ghoshal of the Washington University School of Medicine in St. Louis will present the next installment in AFTD's Educational Webinar series on August 23. The webinar will provide a comprehensive overview of behavioral variant FTD, including signs and symptoms, care strategies, and current research. Stay tuned to AFTD's website and follow AFTD on social media for more information.



There are a lot of different ways to become involved in AFTD's mission.

For some, like Susan Miller Abbott, who volunteers as a Support Group Facilitator, choosing one way simply isn't enough.

"I also make a monthly donation to AFTD to honor the memory of my husband Jim.

Giving this way means I don't have to remember to write a check each month.

I feel blessed to be a part of AFTD's mission to educate the public, support FTD research and to be a resource for caregivers past, present and in the future."

- Susan Miller Abbott

By choosing to establish an AFTD monthly donation today, you can join monthly donors like Susan in demonstrating your ongoing commitment to this organization's mission, and to the people we serve. Your donation – whether \$5, \$15 or \$50 – will make a difference! It can be designated to the area of AFTD's work that you are passionate about, or kept unrestricted to support AFTD's full mission.

Will you join Susan in becoming an AFTD monthly donor today?

Go to www.theaftd.org and click on the Donate button at the top of the page.

As you complete the form, simply choose "Make my gift a recurring donation..."

# Hundreds Find Help and Share Hope at 2018 AFTD Education Conference

AFTD's 2018 Education Conference, held April 13 in Chicago, presented the latest updates in FTD research and care strategies, encouraged members of our community to connect, and gave those impacted by FTD the opportunity to find help and share hope.

It drew 341 participants, representing 37 states as well as Canada – the highest total for an AFTD conference to date. Notably, 57 registrants identified themselves as living with FTD, reflecting AFTD's ongoing commitment to better engage with this segment of our community.

The conference began with a warm welcome from AFTD Board Chair Gail Andersen. Amy Bouschart-Callea and Frank Callea, FTD advocates and AFTD volunteers, then took the stage for opening remarks, speaking

candidly from the perspectives of an FTD spouse/care partner and a person diagnosed.

Researchers from Northwestern University's Cognitive Neurology and Alzheimer's Disease Center, the conference host, held discussion in the morning session. Dr. Marsel Mesulam delivered an overview of the FTD disorders, Dr. Sandra Weintraub focused on new research

developments in primary progressive aphasia, and Dr. Darby Morhardt



The 2018 AFTD Education Conference Keynote Speaker, the Very Rev. Tracey Lind

spoke about advances in FTD care and support.

Later, a panel discussion convened healthcare professionals, care partners

> and persons diagnosed to talk about the necessity of "speaking up

for FTD." Panel moderator Sharon Denny, AFTD Program Director, led the discussion, in which the contributors shared the power of storytelling to "bring light to the darkness" by drawing increased awareness to FTD.

One of the conference's highlights was the Keynote Address, delivered by the Very Rev. Tracey Lind, a renowned Left: AFTD Volunteers Amy Bouschart-Callea and Frank Callea deliver opening remarks. Below: Two members of the AFTD community take in the conference.

preacher and the former Dean of Trinity Episcopal Cathedral in Cleveland. Rev. Lind was diagnosed with Primary Progressive Aphasia in 2016. After making the difficult decision to retire from full-time church work, she resolved to use her diagnosis as an opportunity to become an advocate for people living with dementia, helping to "destignatize this dreaded disease by speaking about it from the inside out."

This year, for the first time, portions of the conference were streamed live on Facebook, giving unprecedented access to those unable to attend in person. Archived videos of the conference, along with slides from presenters, are available on the AFTD website at www. theaftd.org/2018-aftd-education-conference.

The 2019 AFTD Education Conference will be in Los Angeles on Friday, May 3, 2019 – we hope that you will choose to join us!

## Facebook Group... (Continued from page 1)

AFTD's 2018 Education Conference

was held on April 13 in Chicago.

has been much more inclusive, she said, calling it "one of my lifelines."

Dr. Geri Hall, a highly regarded FTD expert and frequent contributor to the closed group, said that part of the group's value is that it gives people a way to talk honestly, without judgment. "There is so much social stigma and shame regarding FTD behaviors," she said. "Families need a safe place."

The group bears the AFTD name, and a small number of AFTD staff members serve as administrators and moderators. But the group is very much a product of its members, who share experiences and information

with each other in a place where those perspectives are deeply respected.

Sheryl Whitman, who lives with FTD, said that she uses the group "both to gain information shared by AFTD and others, and to extend help to other members. To me, it feels like I've had a productive day when I can help people by offering insight and helping them to understand the symptoms of FTD from the perspective of someone diagnosed."

The closed group is accessible at www. facebook.com/groups/52543721114. You can also search for The Association for Frontotemporal Degeneration, and then be sure to select the Closed Group option, distinct from our public

Facebook page. After requesting to join the group, you will be asked to answer a short question about how FTD has affected your life. An AFTD group admin will admit you to the group shortly after you submit your answer. The privacy of group members and their perspectives is of utmost importance to us, and is carefully maintained within this closed group.

"I refer people to the group all the time, and I'm always happy to see that it is growing," Sheryl Whitman said. "And what I tell people is this – the support group will be a great benefit to you."

## A Symbol of Hope...



The AFTD 2018 Education Conference's keynote address was sponsored by Christopher Yurkanan of Austin, Texas as a tribute to his wife, Chris Edmondson-Yurkanan.

Chris died from the primary progressive aphasia variant of FTD on May 23, 2017.

"Chris's smile is her signature and a symbol of hope. We will conquer this disease sooner, not later. ONWARD!"

- Christopher Yurkanan

THANK YOU
TO OUR
2018 AFTD
EDUCATION
CONFERENCE
SPONSORS!

**GOLD SPONSORS** 





**SILVER SPONSOR** 



Cognitive Neurology and Alzheimer's Disease Center

**BRONZE SPONSOR** 



### Those We Honor... Those We Remember

Gifts received from February 16, 2018 - May 31, 2018

#### In Memory of

James S. Abbott

Jerry Acker

Jeffrey Glenn Aho

Tim Akey

Lawrence Albert

Sharon Aochi

Robert M. Ashcraft

Shirley Asher

**Anthony Augustine** 

Emerson R. Avery

Randy Baker

Michael Barlow

Paul Berte

Jean M. Bertino

Dolores A. Bisgrove

Sandra Bishop

Joseph Bitetto

Lynn Bloch

Joyce Blumer

Robert Joseph Bohls

Kenneth Bouschart

Joy Spartin Bowen

John M. Browning

Kenneth Burger

Diana Joy Burkard

Casey J. Cameron

Donald Campbell

Lan Pham Cao

**Donald Carnig** 

Willis H. Caterson

Richard Christian Chapman

Deanna Clark

Michael Clavin

Paul Claymore

Mark A. Colangelo

Charles "Chuck" Cole

Gail Colfelt

Craig Comstock

Vincent Condon

Margaret Conto

Henry Robert Corcoran

Maryann M. Corey

David "Dave" Ray Crawford

Don Crispin

Dania Cunningham

Joseph M. Cutuli

Eva M. Czyzewski

James D. Dabbs

Lillie Margaret Dahl

**Gregory Dana** 

Jeffery L. Dawson

Pamela Dircksen

Barbara DiSipio

Sharon L. Doane

Jackie Duet

Martin "Marty" Timothy Duhig

Ronald Duncan

Gwenn Dunn

Amy Dykeman

John Dystrup

Carole Edelman

Frank Engelkraut, III

John Falzone Fay

Katherine Jane Fegley

Phyllis Feigenbaum

John Felber

Robert Filson

Zsuzsa Pare Florian

Jack Frangiosa

Mimi Oblinger Freeman

Bernard Fridovich

George Gardner

Randy Gauthier

Marilyn Gersten

Miriam Feldman Gilbert

**Donald Gold** 

Stuart Gottlieb

David Gragg

Joette Hall

Richard Halliday

John Hamilton

John R. Hamilton

Darrel Hansen

Therese M. Harlett

Roger L. Harpold

Robert Hatfield

Barbara Havens

Steven John Hecht

Verlene W. Hendrich

Varlene Hendrick

Robert L. Hermann

Tom V. Hernandez Maggie Herrod

Linda Hetterick

Maggie Hicks

Jean Ann Hillje

Arthur Sayers Hock

Ruth Hoffman

Linda K. Hubbard

Barbara Jackson

George A. Jasovsky

Thomas R. Jerrells

Bobbie Kallemeyn

Alice Mae Kallus

Eileen Kaplan

Frances Kinsinger

Eugene Klein

Thomas Craig Kohutek

Arthur S. Kranseler

Richard Kremer

John Kretekos

Arnette Lester

Cindy Levine

Leslie Levinowitz

Statia M. Lontz

Patricia Linton MacFadgen

Marcia MacKellar

Phyllis Malloy

Chester Malon

**Knox Thomas Malone** 

Patricia A. Manning

Thomas Malone

Matthew Sanderson Matherne

Edward James McAndrew

Ralph "Skip" McDanolds

Michael F. McDonnell

William McNamer

Judith Mellott

Carol Frances Meyer

Curtis E. Moore, Jr.

Si Newhouse

John Henry Oliver

Mike O'Mary

,

Jean Ostrom Patricia Otto

Diana Parker

Christopher M. Pepe

Camilla Perry

Jacqueline M. Phelps

John J. Primeau

Maria Ragonese

Cynthia Rambo

James "Jimmy" Reagor

Alice Marie Rhoads

Diana Richardson

Elaine Richmond

Donations in the name of a loved one bring help and courage for families affected today – and hope for a future without FTD.

Scott Roberts Ruth Strauss Su-Ling Chang Joel McNulty Ida Rose Marcia Strickler Judy Christopher Shellie Morcom Wilbur "Gene" Rose Wendy Suzman **Brandon Cline** Charlotte Murray Gigi Catherine Rosselli Dennis Sweezea Judy Comstock Cindy O'Dell Kenneth Rotatori Robert J. Sykes, Jr. **Dave Conant** Faye Olivieri Kozich Harriet Roth Richard Nathan Talbot Connie Crites Rhoda M. Oswald Victoria K. Tate Lynda Russo Connie Daniels Jackie Pang Eileen Rutledge Myrtle Thar Louisa D. Davis Mia Parker Stephen M. Tipton George Demkow Stephen Gary Sackel Kandice Perry Haven Toothman Michael S. Salisbury Axel Dikkers Robert Prather Dennis Sauer Michael C. Unser Jeannette Lyne Ekstrand Mary Rand Lawrence Vigor Kathy Savini Judith Erlick Carol Rao Stu Wagner Wesley Says Jerry Falcon **Gerald Richard** David Marshall Scaggs Michael G. Wallis Barbara Falzone Lloyd Roos Mary Kimberly Ware Joan Gove **Guy Scaggs** Patrica Ryan David Kevin Schafer Keith Warstler Jeff Grow Russell Schubert Nancy Ann (Lawlis) Schlehuser Wallace R. Watson Karl Grow **Kevin Searles** Dean Schlosberg Douglas K. Wehmeier Alice Guiney Rebecca Simpsonn Paula (L'Heureux) Scott Leonard "Lennie" Weissman Alice Hale Roberta Sitler Steven J. Seitz Rosemary "Cookie" Weiten Dennis Harmyk **Bob Smith** Elaine White Marguerite Harrington Popkin Shenian Ellen Solomon Robert Steven Winters Robert Sherman **Beverly Hernandez** Elizabeth Stoia Deborah Woodcock Stephen G. Sherman Cathy Hilliard Jeanette Stoothoff Julie Marie Dickmeyer Zerhusen Charles Ice Lyudmila Shrage Bill Struzzi Marshall Silverstein John James Wanda Sullivan In Honor of Winniford Alwood Simmons, Jr. Peter Kiesch Akram Taheri-Azar Semahat Sinharoy Estelle Kriticos **Becky Tinsley** Rebecca Adams Donna & Bob Kunesh Marjorie "Madge" Skoglund Kenneth Torrey William "Slapper" Slavin **Emily Anderson** Michelle Kyriacou Karen Traxler Steven R. Smith George Bird Christopher Lane James M. Wexstten Roy Bohr Raymond C. Snell Paul Lester Sharon Key Wilson Kiddy Bolger Tracey Lind & Emily Ingalls Al Stevenson **Judy Windhorst** 

### Honor A Loved One... Remember Their Legacy

Ken Brunner

John Dale Stewart

Families wishing to direct memorial donations to AFTD are encouraged to call our office at (267) 514-7221. AFTD can mail you donation materials, or you can download them from our website. All donors will receive letters of acknowledgment, and families will also receive a list of donors. To contribute online, visit www.theaftd.org and click Donate.

Travis Martin

Angie Zamberlin

## **AFTD Announces New Awards Supporting Preclinical Drug Development and Biomarker Research**

AFTD is pleased to announce awards in two grant programs that support FTD drug development: Accelerating Drug Discovery for Frontotemporal Degeneration, which funds preclinical



with the Alzheimer's Drug Discovery Foundation, and the FTD Biomarkers Initiative.

Thomas Kukar, PhD, Assistant Professor at Emory University and a previous

AFTD Pilot Grant recipient, was awarded a Drug Discovery grant for his proposal, "Rescue of lysosomal dysfunction, neuroinflammation, and neurodegeneration by lysosomal GRN-2 in a mouse model of PGRN deficiency and frontotemporal dementia."

Dr. Kukar will endeavor to correct deficits caused by the mutation of the GRN gene, one of the most common genetic causes of FTD, in a mouse model of FTD-GRN. Using gene therapy, he will replace small proteins known as granulins that aid in the



Adam Boxer, MD, PhD



Howard Rosen, MD

breakdown and recycling of worn-out proteins in healthy brain cells, but are lost when the GRN gene is mutated. If adding back the missing granulins can restore normal protein recycling and

Dr. Kukar will endeavor to correct deficits caused by the suited to FTD: monitoring clinical mutation of the GRN gene, one of the most common genetic causes of FTD, in a mouse model.

> decrease abnormal behaviors seen in untreated mice, this approach could lead to new treatments for FTD-GRN.

> Adam Boxer, MD, PhD and Howard Rosen, MD of the University of California, San Francisco, received an FTD Biomarkers Initiative award for their proposal, "Individualized clinical and MRI endpoints for clinical trials in frontotemporal lobar degeneration, a

pilot study."

Their study will address an important problem in FTD clinical trials how to gauge a drug's effectiveness in a disorder with symptoms that vary widely from person to person. Because of this variability,

"one-size-fits-all" outcome measures are poorly suited to evaluating drug responses.

Boxer and Rosen will test a different approach that may be better symptoms and using MRI to track changes in key brain regions over short intervals (similar to the spacing of measurements in a clinical trial) to identify the measures that are changing the most in each participant, then using these parameters to construct outcome measures for that individual. These customized profiles will then be used to track disease progression and may ultimately facilitate the evaluation of new FTD treatments.

## **NAPA Releases Research Recommendations to Improve Dementia Care**

On April 27, the National Alzheimer's Project Act (NAPA) Advisory Council released a set of research recommendations stemming from last year's widely attended summit on dementia care hosted by the National Institutes of Health (NIH).

The NAPA council distilled nearly 700 research recommendations, submitted by a broad range of dementia stakeholders, into a list of 58 recommendations grouped into 12 broad thematic areas.

The recommendations "reflect critical scientific priorities for research on care and services for persons with dementia and their families," and "will help guide

investments by a number of public and private stakeholders in the field of [dementia] care, services, and supports," the council's final report says.

AFTD was one of the sponsors of the October 2017 summit, known officially as the National Research Summit on Care, Services, and Supports for Persons with Dementia and Their Caregivers.

AFTD Program Manager Matt Sharp, who attended the summit at the NIH campus in Bethesda, Maryland, said that AFTD in this role "will continue to advocate for services appropriate for all types of dementia, but especially behavioral presentations in people under 65."

Among the 12 areas into which NAPA organized its research recommendations are:

- Clinical Approaches and the Lived Experience of Dementia
- Engaging Persons Living with Dementia and Caregivers as Members of the Research Team
- Dementia-Related Terminology, Nomenclature, and Stigma: Words Matter
- Financial Burden and Out-of-Pocket Costs to Persons Living with Dementia and their Caregivers

The NAPA Advisory Council's report, including its full list of research recommendations, can be found on the summit's website.

## **Giving a Hand to Our Helping Hands!** AFTD Volunteer: Susan Hirsch

Susan Hirsch, MA, has been a highly engaged and active AFTD volunteer for many years. She first reached out to AFTD to help inform her role as Education and Development Specialist at HCR ManorCare. Since then, she has contributed her professional knowledge and talents to AFTD in a number of ways, most notably as a member of the Partners in FTD Care advisory committee.

#### What is your connection to FTD?

Fourteen years ago, my first resident with FTD moved into our memory care community.... That experience was a turning point in my personal and professional life. Since then, I have continued to learn about FTD and to work with caregivers.

"Volunteering will bring hope into your life, as you see the positive effects it has on advancing research, spreading awareness and building a community."

## Why did you want to volunteer with AFTD?

I had the privilege of meeting AFTD founder Helen-Ann Comstock, [whose] passion for assisting people with FTD and their caregivers inspired me. Since then, every AFTD staff member and volunteer I have met shares her commitment and dedication. Volunteering lets me give back to an extraordinary association and to others.

## Tell us about your volunteer role as a member of the Partners in FTD Care committee.

I have been a committee member with the Partners in FTD Care initiative since its inception in 2011.... Being on this committee has been one of my life's highlights. The knowledge and experience I've gained has helped me become a resource to HCR ManorCare, and our community, in the care of FTD.



Susan Hirsch, MA, AFTD Volunteer

## For people who are considering volunteering with AFTD, what would you say to them?

Volunteering will change your life. You will partner with experts and dedicated, amazing caregivers. It will also bring hope into your life, as you see the positive effects it has on advancing research, spreading awareness and building a community.

AFTD is grateful for the contributions of volunteers like Susan. AFTD Program Director Sharon Denny says, "Susan's knowledge and compassion are invaluable to the Partners in FTD Care initiative, and we appreciate her sharing her talents as a volunteer."

## **AFTD Volunteer Impact: A Year in Review**

Volunteers founded AFTD, and ever since have been instrumental in giving those affected by FTD the opportunity to find help and share hope. We want to highlight some of the ways our nearly 300 volunteers have made a difference for our community over the past 12 months.

**Meet & Greets** are informal gatherings that bring the AFTD community together to connect, learn, and share. Last year, there was a 45% increase in the number of Meet & Greets.

**Table settings** let volunteers represent AFTD and share resources at events such as health fairs and conferences. Table settings went up 105%, reaching more than 10,000 people, many of whom learned about FTD and AFTD for the first time.

**Facility outreach visits** introduce administrators to FTD information and AFTD resources. Over the past year, we have seen a 36% increase in the number of volunteers taking on this outreach initiative.

Support groups are the best intervention to find

help and share hope available today. The number of AFTD-affiliated support group leaders grew by 28%, and volunteers helped to extend our network of family-care partner support groups to four new states (SD, ND, WI, AL). Additionally, using the online platform Zoom, we opened a second support group for persons diagnosed.

Finally, our **grassroots events** continue to gain momentum. Participation in each type of event went up over the last 12 months:

- Food For Thought up 21%
- With Love up 26%
- Total AFTD-Team runners participating in Race Season up 47%
- The number of Independent Events, led by those pursuing their own passion for AFTD's mission, up 52%

**THANK YOU** to all who share your time with AFTD!

Visit www.theaftd.org/get-involved/volunteer-network to learn how to volunteer and help others find help and share hope.



AFTD Volunteer Chuck Anastasia and AFTD Regional Coordinator Volunteer Doreen Putnam devote their time to advancing AFTD's mission!

## The Race Is On

And they're off—the AFTD-Team's 2018 Race Season is officially underway! Three great races are already in the books: Colfax Marathon (Denver, CO), Rock 'n' Roll Marathon (Seattle, WA) and Fit Foodie 5K (Austin, TX). During those three races, 118 teammates raised more than \$9,700 - but keep your hammies loose, the season's not over yet.

There are still opportunities across the country to run for the cause as AFTD's race season goes forward:

- Los Angeles Rock 'n' Roll Marathon (CA): October 28, 2018
- Philadelphia Marathon (PA): November 17-18, 2018
- Dallas Marathon (TX): December 7-9, 2018
- Austin Marathon (TX): February 17, 2019



Along with putting in the miles, some teammates took their participation to the next level by fundraising for the AFTD-Team via our Classy fundraising platform.

#### Seattle Rock 'n' Roll Team

Angie Zamberlin Family Team Butterfield Family Julie Morris Lisa Nolte Patrice Hollrah Rachel Yost Stephanie Howard

Susan Stark

#### **Colfax Marathon Team**

Fenoglio Family Racers
Peter Reaves

#### **Fit Foodie Team**

Craig Tomes
Elizabeth Hubenak
Zoy Kocian



Visit our official AFTD-Team 2018 Race Season page for fundraising opportunities, and the chance to run for free by supporting AFTD's mission.



Prep Time: Now

Cook Time: September 23-October 7, 2018

Ingredients: Food, Drink & Education

Serves: All 50 States

#### Directions for Food for Thought 2018

- It's time to start thinking about AFTD's 6th Annual Food for Thought Campaign. Team up with friends and family, or plan something yourself. Any event—big or small—as long as it involves food and a little FTD education.
- Your event can take place any day during the two-week period from September 23 through October 7, 2018.
- Planning an event is easy. AFTD staff and volunteers are here to help! Share your story, raise awareness and raise vital funds to support AFTD's mission in your community.
- 4. Put your state on the map to show nationwide resolve against this disease. Email AFTD's Grassroots Events Coordinator, Bridget Graham at bgraham@theaftd.org to get started.

# THE AFTD-TEAM

FIFTEEN THOUSAND THREE HUNDRED AND OONOO



#### Subterranean Biotech Blues: The Battle

of the Biotech Bands brings biotech companies and innovators throughout Boston together to rock out in support of charity. At the fifth annual Battle of the Biotech Bands this past May,

AFTD was the chosen charity recipient for 12 Barz Band, a participating band whose members include representatives of Yumanity Therapeutics, Biogen, Charles River Labs, the Broad Institute, and Bluefin BioMedicine. AFTD was awarded \$15,300 from the event, and would like to extend a heartfelt thank you to all involved – especially the talented 12 Barz Band!

**Bowled Over:** Cindy and Ken Brunner of Wisconsin hosted an open house and sold wooden bowls, proceeds of which were donated to AFTD. Ken, who has FTD, handcrafts these wooden bowls himself. He created and sold so many, they were able to donate \$3,020.

#### Where There's a Wild There's a Way:

Kaitlyn Heffron from Nebraska is embarking on a fivemonth hike of the Pacific Crest Trail to raise funds for AFTD and awareness of FTD. She's set to start mid-July and her fundraising page has already raised \$1,000.

Family Business: Bluffview Memory Care in Wisconsin hosted a "Mother and Daughter Sip n Paint" event which raised \$262, which was donated to AFTD.

### Appalachian Sensation: Matt Pelton,

former AFTD HelpLine Adviser, hiked the Appalachian Trail to raise funds for AFTD (\$1,965) and awareness of FTD. While working at AFTD, Matt discovered that he wants to devote his future career as a physician and researcher to understanding, learning about and treating this disease. He reached

the summit of Katahdin on June 17th (three months after he left) and then on July 7th, he embarked on his next journey: Penn State College of Medicine.



Done in Love...

These campaigns remembered loved ones powerfully and raised vital funds to support our mission.

Celebration of Life: Diane Cole of Michigan held a Celebration of Life for her husband, Chuck, who passed away from FTD on April 28th after a seven-year fight. This is the first of two events she is hosting in Chuck's memory, each representing an important location to them: where they resided when he passed and where they grew up. The first event raised \$3,940.

#### Remembering Jacqueline:

Kaj Malden's mother, Jacqueline Malden Phelps, passed away on April 1st from FTD. In her memory, he created an online donation page where he shared kind words about his mother and facts about the disease itself. His page has raised \$1,289 so far for AFTD.



Radnor Station Bldg. 2, Suite 320 290 King of Prussia Road Radnor, PA 19087 www.theaftd.org Prsrt. Std. U.S. Postage PAID Williamsport, PA Permit #33

If you prefer to receive this newsletter via email or would like to be removed from our mailing list, email info@theaftd.org or call 866-507-7222.

**AFTD** 

www.theaftd.org

phone: 267.514.7221 toll-free phone: 866.507.7222

#### **Board of Directors**

Gail Andersen Chair, Ohio

Michael Stowell, Ph.D.

Vice Chair, Colorado

Paul Lester

Treasurer, North Carolina

Stephen Fenoglio

Recording Secretary, Texas

Helen-Ann Comstock

Founder, Pennsylvania

Steve Bellwoar Pennsylvania

Rick Childs Massachusetts

Sandra Grow Ohio

Matt Hatfield

Florida

**Daniel Hedaya** New York Kacy Kunesh

Kathy Mele New York

David Pfeifer Colorado

Brian Rose New York

Beth Walter

#### Staff

Susan L-J Dickinson, M.S. Chief Executive Officer

**Sharon S. Denny, M.A.** Program Director

Ben C. Freeman

Development & Communications Director

Christine Stevens, M.B.A. Chief Financial Officer

Nadine Tatton, Ph.D. Scientific Director

**Kerri Keane, M.S.W.** Volunteer Manager

Pam McGonigle, M.A. Development Manager

**Bridget Moran-McCabe, M.P.H.**Support Services Manager

**Debra Niehoff, Ph.D.** Research Manager

Matt Ozga

Communications Manager

**Matthew Sharp, M.S.W.** Program Manager

**Jeff Thompson** Office Manager

Trudy Bowman
Development Coordinator

Lauren Gauthier Online Community

Coordinator

**Bridget Graham** Grassroots Events Coordinator

Harold Perkins III, M.P.H. Programs and Services Assistant

Emma Tomasetti Development Assistant

Elizabeth Young
Executive Assistant

**Ann Schoonover, MSW LSW** HelpLine Advisor

#### **Medical Advisory Council**

Mario Mendez, M.D., Ph.D. Chair, University of California, Los Angeles

lan R.A. Mackenzie, M.D. Chair Elect, University of British Columbia, Vancouver

**Bradley F. Boeve, M.D.** Mayo Clinic, Rochester

**Bradford C. Dickerson, M.D.** Harvard University

Dennis W. Dickson, M.D. Mayo Clinic, Jacksonville

Karen Duff, Ph.D. Columbia University

Bernardino Ghetti, M.D. Indiana University

Jill Goldman, M.S. Columbia University

Murray Grossman, M.D., Ed.D. University of Pennsylvania

Edward Huey, M.D. Columbia University

Michael Hutton, Ph.D. Eli Lilly & Co. UK

David S. Knopman, M.D. Mayo Clinic, Rochester Walter A. Kukull, Ph.D. University of Washington

**Virginia M.-Y. Lee, Ph.D.** University of Pennsylvania

Carol F. Lippa, M.D. Thomas Jefferson University

**Irene Litvan, M.D.**University of California, San Diego

M.-Marsel Mesulam, M.D. Northwestern University

Bruce L. Miller, M.D. University of California, San Francisco

Jill Murrell, Ph.D. Indiana University

Chiadi Onyike, M.D. Johns Hopkins University

Creighton Phelps, Ph.D.

Rosa Rademakers, Ph.D. Mayo Clinic, Jacksonville

Howard Rosen, M.D. University of California, San Francisco

John Q. Trojanowski, M.D., Ph.D. University of Pennsylvania

For permission to reprint articles, please contact info@theaftd.org or call 267-514-7221.