



**Care.  
Connection.  
Discovery.**



## **AFTD 2017 Annual Education Conference**

Sheraton Inner Harbor Hotel | Baltimore, MD

May 5, 2017, 9:00 a.m. to 5:30 p.m.

AFTD's 2017 Education Conference is dedicated to people with FTD, caregivers, families and health professionals. We hope that you'll join us in Baltimore to learn and network with all whose lives are impacted by this disease.

### **Highlights**

- Expert clinicians and scientists will discuss research and care advancements in FTD worldwide.
- Attendees will benefit from a more robust program, with more breakout session options for caregivers and persons diagnosed.
- Our 2017 conference will provide new opportunities to connect with others, gain valuable support and learn how to become engaged with AFTD's mission.

**Featuring speakers from Johns Hopkins University and other leading organizations.** As one highlight, the clinical presentation will be provided by:



### **Chiadi Onyike, MD**

Dr. Onyike is an Associate Professor of Psychiatry and Behavioral Sciences at Johns Hopkins University, and Director of the Johns Hopkins Frontotemporal Dementias and Young-Onset Dementias Program.

Dr. Onyike will provide a detailed overview of the different types of FTD, their pathology and how creating partnerships can benefit treatment.

## **Conference registration is now open!**

The registration fee is \$75. A fee waiver and travel grants are available for caregivers and individuals diagnosed. Follow the link below to register:

<http://tinyurl.com/AFTD2017>

**Lodging:** The Sheraton Hotel has set aside a block of rooms at discounted rates, starting at \$169 + applicable taxes per night. **Call 410-962-8300**, ask for reservations and mention the AFTD Spring Conference Group by April 14th, 2017 or visit: <http://tinyurl.com/AFTD-Hotel> to reserve your room today.



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### **Featured Speakers**

**Attendees will hear from expert speakers from the Penn FTD Center, Thomas Jefferson University and the Duke Family Support Program.**



**Lauren Massimo, PhD, CRNP,** Research Associate at The Pennsylvania State University College of Nursing and the University of Pennsylvania Frontotemporal Degeneration Center.



**Lisa P. Gwyther, MSW, LCSW,** Associate Professor in the Duke Department of Psychiatry and Director of the Duke Family Support Program.



**Maya Lichtenstein, MD, MHSc,** Behavioral Neurologist with Geisinger Health System.



**Catherine Piersol, PhD, OTR,** Associate Professor in the Department of Occupational Therapy and Director of Jefferson Elder Care at Thomas Jefferson University.



**Mary Anne Wylie, RN,** Advanced Practice Psychiatric Nurse in the Johns Hopkins Frontotemporal and Young Onset Dementia Clinic.



**David Irwin, MD,** Assistant Professor of Neurology at the University of Pennsylvania Perelman School of Medicine.



**Nancy Flowers, MSW, LCSW,** Community Education Program Manager and Dementia Project Manager for Rainbow Hospice and Palliative Care.



**AFTD offers modest financial assistance for individuals with FTD and caregivers interested in attending an FTD education conference.**

Comstock Travel Grants may be used to defray the cost of travel and lodging fees in order to attend. For more information, visit: [www.theaftd.org/life-with-ftd/resources/travel-grants](http://www.theaftd.org/life-with-ftd/resources/travel-grants)



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### **Schedule & Speakers**

**8:00 a.m.**

**Registration**

**9:00 a.m.**

**Welcome**

Gail Andersen, AFTD Board Chair

**9:15 a.m.**

**A Clinical Update and Overview  
of FTD Disorders**

Chiadi Onyike, MD

**9:45 a.m.**

**FTD Disorders Registry**

Dianna Wheaton, PhD

**10:00 a.m.**

**Ask the Experts – Q&A**

Chiadi Onyike, MD, Dianna Wheaton, PhD  
Facilitator: Nadine Tatton, PhD,  
AFTD Scientific Director

**10:30 a.m.**

**Break**

**10:45 a.m.**

**Break-Out Sessions:  
Clinical Issues**

**11:45 a.m.**

**Lunch**

**A Young Adults Networking Session  
will be offered**

Bridget Graham, AFTD Grassroots Events  
Coordinator and Kati Woodford, AFTD Volunteer

**1:00 p.m.**

**Promoting Dialogue:  
Persons w/ FTD & Care Partners**

(Panel Session)  
Lisa Gwyther, LCSW

**2:00 p.m.**

**Break-Out Sessions:  
Care Strategies**

**3:15 p.m.**

**Break-Out Sessions:  
Support & Networking**

**4:15 p.m.**

**Break**

**4:30 p.m.**

**AFTD 2016 Highlights**

Susan L-J Dickinson, MS, CGC  
AFTD Executive Director

**4:50 p.m.**

**Keynote Address**

Halima Amjad, MD

**5:30 p.m.**

**Social Reception**

Attendees, Speakers, AFTD Board and Staff  
are invited to attend

### **Keynote Speaker:**

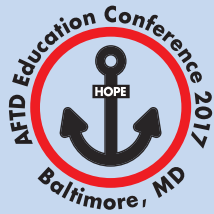


**Halima Amjad, MD, MPH,** is Assistant Professor of Medicine in the Division of Geriatric Medicine at Johns Hopkins University. Halima's father was diagnosed with primary progressive aphasia

when she was graduating from medical school in 2009. She shared her family's journey and coping strategies in a prize-winning essay "*Caring for Dementia: Returning to the Village*" written for the John A. Hartford Foundation's Better Caregiving Better Lives story contest in 2015, which can be found here: <http://tinyurl.com/Halima-s-Story>.

Halima will discuss her personal struggles as a medical student navigating the emotional complexities of FTD, and how it has affected her family in her keynote address.





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### **Break-Out Sessions**

**This year, in response to feedback from attendees,  
AFTD's Education Conference will offer more breakout sessions than ever before.**

#### **10:45 a.m. Break-Out Sessions: Clinical Issues**

##### **Demystifying Diagnosis of FTD:**

##### **How Evaluation Can Inform Care**

Maya Lichtenstein, MD, MHSc,  
Peter Stewart, PhD, Geisinger Health

##### **Brain-Behavior Relationships:**

##### **Why Does He Act That Way?**

Lauren Massimo, PhD, CRNP  
Penn FTD Center

##### **Medications and Non-Pharma Approaches to Treatment**

David Irwin, MD  
Penn FTD Center

##### **FTD Research: The Value of Studies and Opportunities for Involvement**

Ann Fishman, Sarah Lawrence and Weiyi Mu, CGC  
Johns Hopkins University

##### **Building Bridges: Communicating with Partners About Care Needs and Challenges**

*For People with FTD*  
Matt Sharp, Teresa Webb

#### **2:00 p.m. Break-Out Sessions: Care Strategies**

##### **Navigating Key Care Decisions in FTD**

Mary Anne Wylie, RN  
Johns Hopkins University, FTD Clinic

##### **Enhancing Quality of Life Through Activities**

Catherine Piersol, OTR  
Thomas Jefferson University

##### **Communication Strategies and Emerging Research in PPA**

Kyran Tsapkini, PhD, Johns Hopkins University  
Stephanie Grasso, M.A., CCC-SLP, Doctoral Student  
The Aphasia Research and Treatment Lab  
The University of Texas at Austin

##### **Comfort Care in Advanced FTD**

Nancy Flowers, MSW, LCSW  
Rainbow Hospice & Palliative Care

##### **Moving Forward with an FTD Diagnosis**

*For People with FTD*  
Rod Hall, Matt Sharp, Diana Winoker

#### **3:15 p.m. Break-Out Sessions: Support & Networking**

##### **Mindfulness-Based Stress Reduction Exercises**

Corey Esannason  
AFTD Regional Coordinator Volunteer

##### **Making a Difference: Share Experiences and Learn Opportunities as an AFTD Volunteer**

Sarah Sozansky Beil  
AFTD Regional Coordinator Volunteer

##### **What About the Kids? Meet Others Facing FTD with Kids & Teens in the Home**

Shana Nissen, AFTD Volunteer

##### **Connecting with Online Friends**

*For Caregivers*

##### **Connecting with Online Friends**

*For People with FTD*  
Matt Sharp



2016 Conference attendees take part in a breakout session.