Inspiring Others Through Challenging Life Experiences

JME Insights Presents:
FREE WEBINAR

Affirm Yourself for Caregiver Challenges
Part 4 of the 5 Part Series

(Please forward this to anyone that may benefit)

Join us for a FREE Webinar, Part 4 on September 26

Free Webinar
Affirm Yourself for Caregiver Challenges—Part 4

by Janet Edmunson, M.Ed.

Part 4 on Thursday, September 26, 2013

For family and professional caregivers

Register Online Today by clicking the link below.
Or paste the link into your browser.
Please Note: If you are registered for Part 1, 2 or 3, you are already registered for the rest of the series.

Webinar will be 30 minutes in length.

7:00 p.m. (Eastern)
6:00 p.m. (Central)
5:00 p.m. (Mountain)
4:00 p.m. (Pacific)

Registration Link for Series: https://www2.gotomeeting.com/register/867964922

Webinar Series Description: Janet shares her wisdom regarding caregiving using affirming statements and personal stories to inspire, uplift and support caregivers. In the process, she reveals insights into how to make the most of this difficult life journey, and even to find meaning through it.

How This Series Works: When you sign up for this series, you will be signed up for all remaining sessions in this series which are at 7 p.m. (eastern) on the following dates:

Part 4—Thursday, September 26, 2013
Part 5—Tuesday, November 19, 2013

You can sign up any time during the series, even if you've already missed some of the sessions. We will be recording them as well, so you can listen to the recordings of the ones you miss.

Professionals Seeking Continuing Education Credits: Upon written request, we are happy to provide a letter confirming your attendance in this webinar for you to use in applying for continuing education credits.

About Janet: Janet has over 30 years' experience in leadership and the health promotion field. She retired in May 2007 as Director of the Prevention & Wellness for a staff of 20 at Blue Cross Blue Shield of Massachusetts. Since retirement, as President of JME Insights, she is a motivational speaker having spoken to hundreds of groups across the U.S. While working full-time, Janet took care of her husband, Charles, during the five years he dealt with a movement disorder with dementia. Janet wrote about her experience in her book, *Finding Meaning with Charles.* Janet recently retired from serving five years as Chair of the Board of Directors for *CurePSP*, also known as the *Foundation for PSP, CBD and related brain diseases.* Janet has a Master's degree from Georgia State University. She resides in South Portland, Maine.

Webinar Format: You may participate in one of two ways:

1. The ***first*** viewing method is via access through the internet. You can view the presentation on your computer and listen via your computer speakers or USB headset connected to your computer.
2. The ***second*** option would use the internet and a telephone connection, or just the telephone. **Please note: If you use this second option, you may need to pay applicable phone charges from your telephone carrier.**

Once you register, you will receive an **email from Transformation Consortium** confirming your registration with information you need to join the webinar. (Check your junk mail if you don't see it in your inbox.)

Space is limited and registrations are taken on a first come first serve basis.

For Additional Information: You can contact Janet at janet@janetedmunson.com with any questions you have about participating.