

Irvine Hilton, Irvine, California

**September 17, 2010** 

# 2010 Regional Alzheimer's Disease Research Conference The Dementias: It's Not Always Alzheimer's Disease













Non-profit Org.

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It is the policy of the University of California, Irvine School of Medicine and the University of California CME Consortium to ensure balance, independence, objectivity and scientific rigor in all CME activities. Full disclosure will be made in writing in the course syllabus.

Alzheimer's Association Orange County Chapter 17771 Cowan, Suite 200 Irvine, CA 92614

#### **Forwarding Service Requested**

Grants have been received by the following in support of this activity:



and:







Complimentary respite care for your loved one may be arranged at one of the facilities below, so that you may attend this one-day conference. Please call the facility nearest you for more information.

Fullerton Gardens, Fullerton.....(714) 441-2636 Valley View Gardens, Garden Grove .. (714) 895-9898

Sunflower Gardens, Santa Ana.....(714) 641-0959

Silverado Senior Living, Costa Mesa... (949) 631-2212 Silverado Senior Living, SJC .....(949) 240-0550

Richman Gardens, Fullerton ...... (714) 526-5611 Silverado Senior Living, Tustin ..... (714) 832-7900

Target Audience: The conference is open to the public and is designed to heighten the community's awareness and knowledge of Alzheimer's disease and related neurological disorders. For physicians, psychologists, and other health care professionals please see inside for details about educational units available.

## CONFERENCE REGISTRATION • EARLY BIRD REGISTRATION DEADLINE: AUGUST 27, 2010

This year's conference promises nationally renowned speakers and exciting information covering current research on Alzheimer's Disease and related neurological disorders. Save \$30 by taking advantage of our Early Bird Registration. Registration forms are also available online at www.alzoc.org. To register, please contact Andrew Eng, (949) 757-3703, Andrew.eng@alz.org or fill out the registration card and mail to:

> Alzheimer's Association - Orange County Chapter c/o 2010 Alzheimer's Disease Research Conference 17771 Cowan, Suite 200, Irvine, CA 92614

#### **Early Bird Rates**

- \$135 (7) CEUs rate for professionals; 6 AMA PRA category 1 credits for physicians and psychologists
- □ \$60 for family caregivers, students, individuals with dementia

#### **Cancellation Policy**

Registration refunds must be requested in writing by August 20, 2010. There will be no refunds for any cancellations received after this date. A \$50 administrative charge will apply for all cancellations. All refunds will be processed after the conference.

Registration fee includes: breakfast, coffee breaks, lunch, afternoon dessert bar, parking and written materials.

DEGREE LAST NAME FIRST NAME AFFILIATION/ORGANIZATION **ADDRESS** CITY DAYTIME PHONE

PLEASE CHECK THE FOLLOWING:

Type of Registration **Early Bird** After August 27, 2010 Rates for Professionals (7 CEUs) □ \$135 □ \$170 BRN, NHAP, BBS, and RCFE units available 6 AMA PRA category 1 credits for physicians and psychologists

Reduced rate for family caregivers, students,

Please charge my □ VISA ☐ MASTERCARD ☐ AMERICAN EXPRESS

Account Number Exp. date

□ \$60

□ \$80

\_\_\_\_\_\_ is enclosed (made payable to Alzheimer's Association).

Signature \_

## 2010 Regional Alzheimer's Disease Research Conference

#### The Dementias: It's Not Always Alzheimer's Disease

More than 35 million people in the world suffer from Alzheimer's disease, including over 5.3 million individuals in the United States. Alzheimer's disease is the most common form of dementia among the elderly, accounting for approximately 60% of all dementia cases. Hence, 40% of dementia cases have a different etiology. No biomarker or diagnostic test is available to distinguish among the different forms of dementia. Consequently, it is critical to understand the clinical presentation of these non-Alzheimer's disease dementias.

The broad goal of this conference is to introduce the clinical, molecular, and neuropathological differences that distinguish the different dementias (Alzheimer's disease, Lewy body dementia, frontotemporal dementia, vascular dementia and Parkinson's disease dementia), and to discuss neuropathological differences and treatment strategies. 1 in 8 individuals over the age of 65 will have dementia, but currently over 70% of individuals with dementia do not ever receive a clear diagnosis. Most older adults (including those with Alzheimer's disease), receive their medical care from primary care and other community physicians who often lack the clinical diagnostic information necessary to accurately determine the type of dementia afflicting the presenting patient.

Also important, and frequently overlooked in the clinical process, is the importance of social service resources imperative in planning optimal care when treating this burgeoning and demanding population.

## Continuing Medical Education Objectives

- Integrate the different etiologies and neuropathologies underlying age-related dementias, and distinguish the diagnostic and treatment options available for the different dementias.
- Evaluate the range of efficacy of current treatment options, the latest advances in research and the areas that require further investigation. Apply increased knowledge of all available treatment strategies which would facilitate improved patient outcomes.
- Assess the scope of social services assistance and resources available in the community, to enhance the patient and family caregiving experience, and consequently improve outcomes.

#### **Accreditation Statement:**

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of California, Irvine School of Medicine and UCI MIND. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

#### **Designation Statement:**

The University of California, Irvine School of Medicine designates this educational activity for a maximum of 6 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The CA State Board for psychologists recognizes AMA PRA Category 1 credit.

# Continuing Education Objectives

At the completion of this conference, participants will

- Understand the differences in the causes, pathologies and symptoms apparent in age-related dementias, and how those differences impact the care of older adults.
- ▶ Understand the diagnostic procedures that aid in differentiating the dementias, and the importance of discerning the type(s) of dementia impacting the older adults for whom they provide care.
- Understand the treatment options currently available for most commonly occurring types of dementia, what results can be expected and what side effects might impact the older adults for whom they provide care.
  - Approved by the California Board of Registered Nurses, Provider #14757, for approximately 7 contact hours.
  - Approval pending for Nursing Home Administrators Program (NHAP) for approximately 7 continuing education units.
  - Approval pending for the Department of Social Services, Community Care Licensing (RCFE) for approximately 7 continuing education units.
  - Approval pending for the Board of Behavioral Sciences (BBS), for MFTs and LCSWs for approximately 7 continuing education units.







### Conference Schedule

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|--|---|---------|--|
| 7:00   | - | 8:00 am | Registration, Breakfast, and Exhibits  |
| 8:00   | - | 8:15    | Welcome and Opening Frank LaFerla, Ph.D., UC Irvine Jim McAleer, Alzheimer's Association, OC Chapter Cordula Dick-Muehlke, Ph.D., Alzheimer's Family Services Center |
| 8:15   | - | 8:45    | <b>Best Practices When Diagnosing Dementia</b> Malcolm Dick, Ph.D., UC Irvine  |
| 8:45   | - | 9:15    | <b>Fronto-Temporal Dementias</b> Bruce Miller, M.D., UC San Francisco  |
| 9:15   | - | 9:45    | Vascular Cognitive Impairment:<br>Recognition and Prevention<br>Helena Chui, M.D., University of Southern California   |
| 9:45   | - | 10:15   | Coffee Break/Exhibitors  |
| 10:15  | - | 10:45   | Lewy Body Dementia and its<br>Relationship to Alzheimer's Disease<br>Mathew Blurton-Jones, Ph.D., UC Irvine  |
| 10:45  | - | 11:15   | Parkinson's Disease and Cognitive Decline<br>Neil Hermanowicz, M.D., UC Irvine   |
| 11:15  | - | 11:45   | Where to Go for Help: A Panel of<br>Community Resources<br>Jim McAleer, Alzheimer's Association, OC Chapter  |
| 11:45  | - | 1:00 pm | Lunch  |
| 1:00   |   | 2:00    | Understanding Different Dementias:<br>Insights from Individuals and their Care Partners<br>Cordula Dick-Muehlke, Ph.D., Alzheimer's Family<br>Services Center        |
| 2:00   |   | 2:30    | Behavioral and Neuropsychiatric Issues<br>Involved in the Different Dementias<br>Jeffrey Cummings, M.D., Cleveland Clinic  |
| 2:30   | - | 3:00    | Coffee Break/Exhibitors  |
| 3:00   | - | 3:30    | Clinical Trials: Can You (Safely) Get  |

# P. Murali Doraiswamy, M.D., Duke University 3:30 - 4:15 Ask the Doctors: An Interactive Discussion

**Tomorrow's Drugs Today?** 

about the Different Dementias
Bruce Miller, M.D.; Helena Chui, M.D.;
Neil Hermanowicz, M.D.; Jeffrey Cummings, M.D.;
Frank LaFerla, Ph.D., Moderator

# **4:15** - **4:30** Closing Remarks and Wrap-Up Frank LaFerla, Ph.D., UC Irvine

Jim McAleer, Alzheimer's Association, OC Chapter Cordula Dick-Muehlke, Ph.D., Alzheimer's Family Services Center

## **Planning** Frank LaFerla, Ph.D., Cordula Dick-Muehlke, Ph.D., **Committee:** and Jim McAleer

Course Chair: Frank LaFerla, Ph.D.







#### **PARKING**

Convenient parking is available at the hotel. Registration fees include a paid self-parking ticket for the day, so please bring your self-parking ticket(s) to the conference for validation. NOTE: Only one self-parking ticket validation will be given for each attendee. There is a complimentary shuttle service to/from the John Wayne Airport to the Irvine Hilton.



#### **HOTEL RESERVATIONS**

We are very pleased to hold this year's conference at the Irvine Hilton, conveniently located at 18800 MacArthur Boulevard in Irvine. The hotel is offering a special rate of \$119 per night Sunday through Thursday, and \$99 per night Friday and Saturday. This rate includes complimentary self-parking and complimentary wireless internet. For reservations, please call **1-800-HILTONS** and ask for the "UCI rate".